

QUIET DAYS  
AT THE  
STANTON  
GUILDHOUSE



A SERIES OF 11  
DURING  
2017

QUIET DAYS DURING 2017

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- Friday January 20th                      Anthony Harvey  
Book of Revelations
- Friday February 24<sup>th</sup>                      Marianne Rankin  
Experience of Angels
- Friday March 24<sup>th</sup>                          Tim Porter  
Milton and Handel: Poet and Composer
- Friday April 28<sup>th</sup>                          Trevor Smith  
Finding Peace in troubled times
- Friday May 19th                              Loretta Proctor  
Colour Therapy - wear or bring favourite colour
- Friday June 16<sup>th</sup>                              Ian Alston
- Friday July 14<sup>th</sup>                              Pauline Compton Tough  
Psychotherapy and the soul journey
- Friday September 22<sup>nd</sup>                      James D'Angelo  
The Yoga of voice and sound
- Friday October 13th                          Cressida Pryor  
*Be Still and Know*
- Friday November 10<sup>th</sup>                      Charles Monteith  
Palestine
- Friday December 8<sup>th</sup>                      Janice Dolley  
Death - the great adventure

*Please tell any friends that you feel might be interested in the Quiet Days. It is always good to welcome new and old friends.*

**Arrive 10am and depart 3.30pm**

Coffee, tea or fruit teas are provided on arrival but please bring your own packed lunch. Suggested donation to the Stanton Guildhouse Trust: £10 per person.

Quiet days are designed as a day of discussion, reflection and relaxation. Held at this inspirational location, guest speakers are invited to lead the day in specialist and diverse topics

During the day, time is set aside for guests to spend some time in private reflection, in chosen private spot around the house or garden.

We welcome any newcomers to the Guildhouse Quiet Days. Although no formal booking is required, please inform the Guildhouse, by email if possible, so that we can expect you. We hope that you exchange emails or phone numbers with some of our regular guests on the day, in order to ensure that you can stay in touch for future attendance and to be contacted should there be any date changes

For further information about Quiet Days, our weekly arts and craft courses, our Workshops and Summer Schools, or enquiries about coming to stay at the Guildhouse, please do call:-

**01386 584357 or**

email [info@stantonguildhouse.org.uk](mailto:info@stantonguildhouse.org.uk)

**Stanton Guildhouse**

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[www.stantonguildhouse.org.uk](http://www.stantonguildhouse.org.uk)

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